



LOTTERY FUNDED

# Tastercise

**FORD**  
CommunityGym  
01752 556677



**Priority places offered to PL2 postal area but all are welcome to apply.**

## Overview of Project

- Free 121 Personal Training session and programme worth £20
- Free 3 months membership worth £66
- Thereafter 50% reduction in monthly membership fees (£11) for the remainder of 2015 depending on available funds

## Register now:

Name: ..... Age: .....

Address: .....

..... Post Code.....

Contact Tel: ..... Email: .....

### Please tick the following:

Are you unemployed:  Are you a single parent:

Are you Not in Employment or Educational Training:

Signature ..... Date .....

### Visit the club at:

Unit 8 Wolseley Business Park

Wolseley Close

Plymouth PL2 3BY

Tel: 01752 556677

### or Email us at:

[lindsay@fordgym.org.uk](mailto:lindsay@fordgym.org.uk)

**Office use only:**

Training session completed:

Gym trainer name: ..... Date: .....

Signature .....

### Please note:

Gym membership will be subject to the usual conditions including satisfactory completion of the membership / medical questionnaire.

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