



LOTTERY FUNDED

Tastercise

FORD
CommunityGym
01752 556677



Priority places offered to PL2 postal area but all are welcome to apply.

Overview of Project

- Free 121 Personal Training session and programme worth £20
- Free 3 months membership worth £66
- Thereafter 50% reduction in monthly membership fees (£11) for the remainder of 2015 depending on available funds

Register now:

Name: Age:

Address:

..... Post Code.....

Contact Tel: Email:

Please tick the following:

Are you unemployed: Are you a single parent:

Are you Not in Employment or Educational Training:

Signature Date

Visit the club at:

Unit 8 Wolseley Business Park

Wolseley Close

Plymouth PL2 3BY

Tel: 01752 556677

or Email us at:

info@fordgym.org.uk

Office use only:

Training session completed:

Gym trainer name: Date:

Signature

Please note:

Gym membership will be subject to the usual conditions including satisfactory completion of the membership/ medical questionnaire.

Download now from our website: www.Fordgym.org.uk by simply following the download and links tab on the left.